



**PIERRE ELLIOTT TRUDEAU HIGH SCHOOL
E-NEWSLETTER**

January 8, 2021

Contact Us:

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To send a message to our School Council click here:

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Follow us on (跟随我们) Twitter [@trudeauhs](https://twitter.com/trudeauhs) or

Instagram [@trudeauhs](https://www.instagram.com/trudeauhs)



Superintendent (校区监督)

Clelia Della-Rovere

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Ron Lynn

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Semester 1 Schedule

8:15 am - 10:45 am	Face2Face– Alternating days Cohorts A and B
10:45 am—12:15 pm	Travel time & Lunch
12:15 pm to 1:05 pm	Online Block 2
1:05 pm to 1:55 pm	Online Block 3
1:55 pm to 2:45 pm	Online Block 4

90 Bur Oak Avenue, Markham, Ontario, L6C 2E6

Telephone: 905.887.2216, Fax: 905.887.7783



WEEK OF: JANUARY 11, 2021

Monday, Jan., 11	Rotation 4 •All grades in Cohort A and B attend virtual classes
Tuesday, Jan., 12	Rotation 4 •All grades in Cohort A and B attend virtual classes
Wednesday, Jan., 13	Rotation 4 •All grades in Cohort A and B attend virtual classes
Thursday, Jan., 14	Rotation 5 •All grades in Cohort A and B attend virtual classes
Friday, Jan., 15	Rotation 5 •All grades in Cohort A and B attend virtual classes

LOOKING AHEAD:

Monday, Jan., 18	Rotation 5 •All grades in Cohort A and B attend virtual classes
Tuesday, Jan., 19	Rotation 5 •All grades in Cohort A and B attend virtual classes
Wednesday, Jan., 20	Rotation 5 •All grades in Cohort A and B attend virtual classes
Thursday, Jan., 21	Rotation 5 •All grades in Cohort A and B attend virtual classes
Friday, Jan., 22	Rotation 5 •All grades in Cohort A and B attend virtual classes

Rotation 8

The purpose of this letter is to share cohort and start date information regarding the eighth and final rotation of the semester, where block/period 4 is running in the morning, face-to-face

*****At this time, classes will remain online until Friday, January 22 and both cohorts will be combined. Face2Face learning is scheduled to resume on Monday, January 25.**

Please be reminded that cohorts were already created for block/period 4. Starting next week, this will be the only block/period that students will attend face-to-face.

- You can identify your cohort using the two-digit number beside the course code. If the last two digits are between 01-49, you are in Cohort A. If the last two digits are between 51-99, you are in Cohort B. For example, ENG1D1-06 is Cohort A.
- Students should check Teach Assist to verify their cohort for block/period 4.

When students access TeachAssist they will see a chart similar to below:

The screenshot shows a table of course reports. The first row is highlighted in light blue and contains the following information:

Course Name	Date
ENG1D1-06 : English Block: 1 - rm. 205	2020-09-08 ~ 2021-01-29
ADA 01-01 : Dramatic Arts Block: 2 - rm. 169	2020-09-08 ~ 2021-01-29
MPM1D1-03 : Principles of Mathematics Block: 3 - rm. 240	2020-09-08 ~ 2021-01-29

Students in Cohort A for block/period 4 will begin face-to-face on Thursday, January 14, 2021 and attend on alternating days until Thursday, January 28, 2021.

Students in Cohort B for block/period 4 will begin face-to-face on Friday, January 15, 2021 and attend on alternating days until Friday, January 29, 2021.

The remaining courses, block/period 3, 1 and 2 respectively, will be online in the afternoon as per the schedule shown below:

	In School Face-to-Face	Lunch / Travel	Online	Online	Online
Time	8:15 am -10:45 am	10:45 am - 12:15 pm	12:15 pm -1:05 pm	1:05 pm - 1:55 pm	1:55 pm - 2:45 pm
Course	Block/Period 4		Block/Period 3	Block/Period 1	Block/Period 2

We look forward to seeing the students in their eighth face-to-face rotation. Note: Monday February 1, 2021 is a PA Day.

Semester 2 timetables are being finalized and will be communicated to you together with details regarding rotation dates, in the coming weeks.

Rotation Schedule

January

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Winter Break
Rotation #4 4A	4B	4A	4B	4A
4B	4A	4B	Rotation #5 5A	5B
5A	5B	5A	5B	5A
5B	5A	5B	5A	5B

Semester 1 Rotation Dates based on a 4 Period Day (September 8, 2020 - January 31, 2020)

PETHS Semester 1	Rotation 1	Rotation 2	Rotation 4	Rotation 5	Rotation 1	Rotation 2	Rotation 4	Rotation 5
	Sept 10 - Sept 25	Sept 28 - Oct 9	Oct 13 - Oct 26	Oct 27 - Nov 9	Nov 10 - Nov 26	Nov 27 - Dec 14	Dec 15 - Jan 13	Jan 14 - Jan 29
8:15 - 10:45 Face to Face	Period 1 12 days	Period 2 10 days	Period 4 10 days	Period 5 10 days	Period 1 12 days	Period 2 12 days	Period 4 12 days	Period 5 12 days
10:45 - 12:15	common lunch break and transition to afternoon synchronous learning sessions							
12:15 - 1:05	Period 2	Period 1	Period 5	Period 4	Period 2	Period 1	Period 5	Period 4
1:05 - 1:55	Period 4	Period 4	Period 1	Period 1	Period 4	Period 4	Period 1	Period 1
1:55 - 2:45	Period 5	Period 5	Period 2	Period 2	Period 5	Period 5	Period 2	Period 2

Period 3 is a lunch and not scheduled

School News

Yearbooks

To all Grade 12 students and parents & guardians of the graduating class: the Yearbook committee wanted to remind this year's grads to submit their grad portraits, quotes, and pictures! Please follow the link for more information and specific links.

pethsgrads21.carrd.co

Grad Portraits, Quotes, and Baby Pictures: January 8th @ 11:59PM

Grad Section Submissions: January 31st @ 11:59PM

Grad Polls: February 12th @ 11:59PM

If you have any questions or concerns, please feel free to contact us through email at trudeauyrbk@gmail.com.



contact us

Have a great winter break and stay safe!

Yearbooks

What a Great Gift Idea!

For those of you who haven't yet purchased your yearbook for the 2020-2021 school year, you'll be glad to hear that school cash online has **RE-OPENED**.

Yearbooks are available now for purchase - don't miss this second chance!

Yearbook -- memories worth keeping...

York Region Public Health COVID questions
Health connection line at 1-800-361-5653



Student Reminders

Reminders!

- School doors will open at 8:00 am
- Students must wear a mask at all times
- If your child forgets their mask, we have some available in the main office
- Before your child leaves the house, ensure they perform a self health check (see below), if your child is not feeling well they will stay home

Thank you for helping to keep us all safe!



COVID-19 Self Screening Link

The Ministry has created a COVID-19 online self-check tool for students to screen themselves before coming to school – please go to this [link](#) to complete a COVID-19 school screening.

Important
Dates

PETHS School Council Dates - 2021

Thursday, February 18, 2021

Thursday April 22, 2021

Thursday, May 20, 2021



Student Mental Health and Addictions Newsletter January 2021

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

Returning to Virtual Learning after the Winter Break

As a result of a provincially mandated lockdown due to rising COVID -19 cases across the province, we end the Winter Break with a return to virtual learning. Although this will present a challenge for some and disappointment for others, our focus will be on how to keep one another physically healthy and maintain social connections and mental health while distance learning. This month's edition of our Mental Health newsletter will focus on some suggestions of ways to stay socially connected during this continued time of physical distancing.

Each one of us is unique and may require different strategies to support our mental health. One size does not fit all. The following are some suggestions to help you think about what may help to support your own mental health and the mental health of your children.

Distance learning from home can have positive or negative impacts. One well-supported recommendation is to create a sense of **routine and structure** in the day (as much as possible). For example, try to make the morning routine the same each day, with breaks built in at predictable times.

Other suggestions include:

- Building in positive goals to **incorporate positive pursuits** such as learning something new (e.g. cooking, puzzles), showing gratitude (e.g. reach out to tell someone you care about them), and exercising (e.g. at home or going for a walk).
- [Dr. Shimi Kang](#), a mental health expert and clinical associate professor at the University of British Columbia, suggests that individuals determine 2-3 personal coping strategies that can act as their **own "go to" tools to cope with stress**. Writing this down and making note can make using them intentional. In addition, Dr. Kang reminds us that we should try to **limit our use of technology** where we can. Over dependence on technology/ screens can affect our mental health.
- Lastly, **identify someone you can purposely check in with on a regular basis**, not just during times of stress, but as a measure to maintain social connection. This practice can help maintain positive mental health.

[School Mental Health Ontario](#) has created a variety of resources for educators, parents and families, and students regarding supporting student mental health during this time.

Check out some more tips from School Mental Health Ontario on building [personal resiliency](#).

Mental Health COVID-19 Page

COVID-19 has presented unprecedented issues and concerns for our community, our country and the world. As we focus on keeping ourselves healthy and containing the spread of COVID-19, we must also keep ourselves mentally well.

The [Mental Health COVID-19 page](#) is dedicated to supporting student mental health during this pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health supports as well as community supports available during the school closure. Please consider taking some time to familiarize yourself with these supports.

Continue to check out the [YRDSB website](#) for updated information as well as the Twitter account @YRDSB

Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc. Mental Health Lead
patricia.marra-stapleton@yrdsb.ca



MEMORANDUM

TO: Principals, Managers
CC: Supervisory Officers
FROM: Cecil Roach, Coordinating Superintendent of Education, Indigenous Education and Equity
DATE: December 15, 2020
SUBJECT: **Tamil Heritage Month – January 2021**

On October 5, 2016, Motion M-24 was passed in the Federal Parliament, officially proclaiming January of every year as Tamil Heritage Month (THM). Thus, we are pleased to invite you to join us in acknowledging and celebrating Tamil Heritage Month in Canada. Tamil Heritage Month aims to celebrate the richness of the Tamil language and its literature, as well as to highlight the vibrant traditions, histories, arts, and cultures of Tamil Canadians. In addition, it seeks to recognize the significant contributions of Tamil Canadians in key areas of social, cultural, economic, and political spheres.

According to the Tamil calendar, **January 14** begins the month of “Thai” and the start of the Tamil New Year. On this day Tamils around the diaspora will be celebrating Tamil New Year and Thai Pongal, the Tamil harvest festival. Thai Pongal is the most important and widely-celebrated festival amongst Tamils around the globe. Thai Pongal is a time to give thanks for the blessings of the previous year and a time to look forward to the New Year.

Pongal refers to rice cooked in milk and sweetened with chakkarai (brown cane sugar). On Thai Pongal, members of the family wake up early in the morning, dress in new clothes and gather together to cook the traditional Pongal meal. Additional ingredients used in this special dish include milk-roasted green gram (payaru), raisins, cashew nuts (optional), and cardamom. Pongal is served with fruits (banana and mango) on a banana leaf, and the family gives thanks to the sun and the farmers for a bountiful harvest before sharing the special dish with family members, friends and neighbours.

Inclusive School & Community Services, in partnership with Educators for Tamil student Success and Community Agencies will be hosting [events to celebrate Tamil Heritage](#) with our school communities.

For general inquiries please contact iscs@yrdbs.ca

VIRTUAL TAMIL HERITAGE MONTH/ THAI PONGAL CELEBRATION 2021

CMHA - YORK REGION AND SOUTH SIMCOE IS PLANNING A VIRTUAL TAMIL HERITAGE MONTH/ THAI PONGAL CELEBRATION 2021

When :

January 11th to January 15th, 2021; See below for event times

Time :

12:00PM to 1:30PM

Where :

Zoom

Who:

Current CMHA Clients, Community Agencies, Families & Caregivers **Please fill out a separate form each if using separate devices.**

January is Tamil heritage Month in Canada. It is an occasion to recognize the many achievements and contributions of Tamil Canadians to Canadian society.

To celebrate this occasion, CMHA – YR Tamil Affinity Group is inviting you to a weeklong virtual event. We will highlight different aspect of the Tamil Culture through education, arts, and food.

The sessions will be hosted online using Zoom! To join you will need access to the Internet or a phone. Instructions on how you can join will be sent once registration is completed.

To register please fill out the form below. We strongly advise you to enter the Zoom meeting with your FIRST NAME only as some events might be live streamed.

Event Descriptions:

Jan 11, 2021: Hinduism in the Diaspora: Ruptures and Reconstructions by Prof. Durayappah

Jan 12, 2021: Some of the Customs and Beliefs in Tamil culture by Tamil Affinity Group

Jan 13, 2021: Cooking Chicken Biryani with Father & Son (Live cooking show)

Jan 14, 2021: Interactive Entertainment Hour.

1. Learn to express 9 different facial expressions with Mithun.
2. Learn basic Parai Steps with Dharsi. (Parai is the oldest Drum used in South India)
3. Listen to Veena (Traditional String Instrument) playing Western Music.

Jan 15, 2021: Comedy with D' Lo Kid. He is a queer/transgender Tami- Srilankan American actor/writer/comedian whose work ranges from stand- up comedy, solo theater, plays, films and music production to poetry to spoken word.

Registration closes on January 8, 2020 at NOON

[Register Here](#)

REMEMBRANCE RESILIENCE RESISTANCE

தமிழ்
மரபுத்
திங்கள்
2021



நினைவேந்தல் போராட்டம் எழுச்சி

**TAMIL
HERITAGE
MONTH**

Tamil Heritage Month 2021 Theme revolves around Remembrance, Resilience and Resistance: Reflecting the almost 75 years Eelam Tamils' Histories and Heritage, after the colonial rule of the European Countries.

This poster is a combination of three images. The bottom picture is of the 2009 candlelight vigil (captured by Gana Arumugam of Ninalvukal) at Queen's Park, Toronto, Canada. The middle image is the resting place of those who sacrificed their lives for our freedom (created by Nishan Sanjee), and the final image on the top (created by Sujee Yoga) is of Eelam, Tamils' traditional homeland. While these images have many embodiments of meaning, all three images together are forms of our remembrance, resilience and resistance.

The Tamils in Eelam and Canada have overcome many adversities. We have resisted and continue to resist various forms of oppression. Despite many challenges, through our resilience, we continue to grow and succeed. Most importantly, we continue to remember, as remembrance is a core part of our existence and our resistance.



The Official Poster of
Tamil Heritage Month 2021

Our Existence is Our Resistance

A Tamil Heritage Month Workshop Series

In recognition of Tamil Heritage Month, students are invited to participate in **two free workshops** in January which focus on aspects of Tamil Identity: Traditional Tamil Cuisine and Spoken Word

Traditional Tamil Cuisine Workshop

When: Monday January 11th, 2021 from 6pm-7pm EST

Where: Zoom (link provided upon registration)

Ages: Grade 5-12

Overview: A family workshop designed to provide an opportunity for YRDSB students to learn more about their culture through food and practice making their own dish through the support and guidance of our facilitator, Chef Sarmel

Spoken Word Workshop

When: Tuesday January 12th, 2021 from 6pm-7:30pm EST

Where: Zoom (link provided upon registration)

Ages: Grade 7-12

Overview: An interactive workshop for YRDSB students to explore themes of identity and resistance through writing and performing Spoken Word with the support of our facilitator, Spoken Word Artist Nirosha Balakumar

Please register for either workshops using the following [Google Form](#)

Contact:

For more information email momtha.sivapathasundram@yrdsb.ca or niyomi.raveenthiran@yrdsb.ca



THE YORK REGION DISTRICT SCHOOL BOARD & EDUCATORS FOR TAMIL STUDENT SUCCESS PRESENTS

OUR EXISTENCE IS OUR RESISTANCE

Tamil Heritage Month 2021

Traditional Tamil Cuisine with Sarmel Arudsothy
Mon. Jan. 11th, 2021
@ 6pm - 7pm

Spoken Word Workshop with Nirosha Balakumar
Tues. Jan. 12th, 2021
@ 6pm - 7:30pm

Register using bit.ly/THM2021



York Region District School Board,
Educators for Tamil Student Success and
Tamil Canadian Centre for Civic Action
Celebrates Tamil Heritage Month 2021



Tamil Heritage Month is an opportunity to celebrate the resistance and resilience of the Tamil Diaspora as a collective. Tamil Heritage Month is a time for self-identified Tamil Heritage students to partake in a series of workshops and events to better understand themselves and their identities.

தமிழ் பாரம்பரிய மாதம் உலகெங்கும் பரந்து வாழும் தமிழரின் எதிர்ப்பாற்றல் மற்றும் தாக்குப்பிடித்தல் தன்மைகளை ஒருமித்துக் கொண்டாடுவதற்கான வாய்ப்பு ஆகும். தங்களைத் தமிழ் பாரம்பரிய மாணவர்களாக அடையாளப் படுத்தும் மாணவர் பட்டறைகள் மற்றும் நிகழ்வுகளில் பங்குபற்றி தங்கள் அடையாளத்தை நன்றாகப் புரிந்து கொள்ளலாம்.

இந்த மாதத்தில் தமிழ் பாரம்பரிய மாணவர்கள் ஈடுபடக்கூடிய பட்டறைகள்:
Below you will find workshops that Tamil Heritage students can engage in this month:

Tamil Womxn In Leadership Series, தலைமைத்துவத்தில் உள்ள தமிழ்ப்பெண்கள்

Dates: Every Tuesday on: January 5th, January 19th, and January 26th, 2021

Grades: 9 - 12

Time: 5:00 PM to 6:00 PM EST

Overview: This series will focus on highlighting the excellence of Tamil womxn leaders and visionaries in various different fields! Students will have an opportunity to engage and learn from incredible womxn leaders in Law, Health, Technology, and Business.

பல்வேறு துறைகளில் தலைமைத்துவம் மற்றும் தொலைநோக்குப் பார்வையுடன் உள்ள தமிழ்ப்பெண்களை முன்னிலைப் படுத்தும் தொடர். சட்டம், உடல் நலம், தொழில் நுட்பம் மற்றும் வணிகத்துறையில் மிளிரும் பெண்களுடன் தங்களை ஈடுபடுத்திக் கற்றுக் கொள்ளக்கூடிய சந்தர்ப்பம் மாணவர்களுக்குக் கிடைக்கும். இந்த சந்தர்ப்பத்தைத் தவற விடாதீர்கள்.

[Registration](#) இங்கு பதிவு செய்யுங்கள்

Our Existence is Our Resistance, எங்கள் எதிர்ப்பாற்றலே எங்கள் இருப்பு

Date: Monday January 11th, 2021

Grades: 5-12

Time: 6:00PM – 7:00PM EST

Contacts: [Momtha Sivapathasundram](#) or [Niyomi Raveenthiran](#)

Overview: A family fun workshop designed to provide an opportunity for students to learn more about their culture through food and story telling. Students and families will make their own dish through the culinary skills and guidance of the narrator, Chef Sarmel.

மாணவர் தங்கள் கலாச்சாரத்தை உணவு மற்றும் கதை மூலம் அறிவதற்கு வாய்ப்பளிக்கும் வகையில் வடிவமைக்கப் பட்டிருக்கும் கேளிக்கையான குடும்பப் பட்டறை. விபரிப்பாளரின் வழிகாட்டுதலில் மாணவர் மற்றும் குடும்பங்கள் சமையல் திறன்கள் மூலம் தங்கள் சொந்த உணவை உருவாக்குவார்கள்.

[Registration](#) இங்கு பதிவு செய்யுங்கள்

Spoken Word Workshop, பேசும் சொல் பட்டறை

Date: Tuesday January 12th, 2021

Grades: 9-12

Time: 6:00PM – 7:30PM EST

Contacts: [Momtha Sivapathasundram](#) or [Niyomi Raveenthiran](#)

Overview: An interactive workshop for students to explore themes of identity and resistance through writing and performing Spoken Word with the support of our facilitator, Spoken Word Artist Nirosha Balakumar.

வார்த்தையை எழுதுவதன் மூலமும், செய்வதன் மூலமும் அடையாளம் மற்றும் எதிர்ப்புத் தன்மையின் கருப்பொருட்களை வழிநடத்துனர் ஆதரவுடன் ஆராயும் மாணவர்களுக்கான ஊடாடும் பட்டறை.

[Registration](#) இங்கு பதிவு செய்யுங்கள்

Tamil Student Leadership Series: Navigating our Tamil Canadian Identities

தமிழ் மாணவர் தலைமைத் தொடர்: தமிழ் கனேடிய அடையாளங்களை வழிசெலுத்துதல்

Dates: Every Friday on: January 8th, January 15th, January 22nd, and January 29th, 2021

Grades: 9 - 12

Time: 5:00PM to 6:00PM EST

Overview: Tamil Student Leadership Conference: Navigating our Tamil Canadian Identities – This series is focused on acknowledging the richness of the Tamil identity, sign up for this series to learn more about Tamil excellence in STEM, Literature, Medicine, Arts and Athletics! Learn from innovative and incredible Tamils who are spearheading and challenging the norm!

தமிழ் மாணவர் தலைமைத் தொடர்: தமிழ் கனேடிய அடையாளங்களை வழிசெலுத்துதல் - இந்தத் தொடர் தமிழ் அடையாளத்தின் செழுமையை ஒப்புக்கொள்வதில் கவனம் செலுத்துகிறது. STEM (ஸ்டெம்), இலக்கியம், மருத்துவம், கலை மற்றும் தடகளத்தில் தமிழின் சிறப்பைப் பற்றி மேலும் அறிய புதுமையான, மிளிரும், வழிநடத்தும், வழமைக்கு சவால் விடும் தமிழர்களிடமிருந்து அறிந்து கொள்ளுங்கள்!

[Registration](#) இங்கு பதிவு செய்யுங்கள்

Educators Forum: “How do we create a sense of belonging for Tamil Students in Education?”

கல்வியாளர் மன்றம்: “ கல்வியில் தமக்கான சொந்தமான உணர்வை தமிழ் மாணவருக்கு எப்படி உருவாக்குவது?”

Date: January 21, 2021.

Time: 6:00PM to 8:00PM EST

Curriculum - How can educators develop inclusive curriculum that makes space for Tamil voices, experiences and knowledge?

Student Leadership - Examining opportunities and barriers for Tamil youth in schools.

Parent/ Guardian Engagement - What are the barriers to authentic partnerships?

பாடத்திட்டம் - தமிழ் குரல்கள், அனுபவங்கள் மற்றும் அறிவுக்கு இடமளிக்கும் உள்ளடக்கிய பாடத்திட்டத்தை கல்வியாளர்கள் எவ்வாறு உருவாக்க முடியும்?

மாணவர் தலைமை – பள்ளியில் தமிழ் இளைஞர்களுக்கான வாய்ப்புகள் மற்றும் தடைகளை ஆராய்தல்

பெற்றோர்/பாதுகாவலர் ஈடுபாடு – உத்தரவாதம் தரும் கூட்டாண்மைக்கு உள்ள தடைகள் என்ன?

[YRDSB Employee Registration](#)

[Public Registration](#)

Virtual Volunteering Opportunity: மெய்நிகர் தொண்டர் சேவைக்கான வாய்ப்பு:

Are you a student who is interested in community building through volunteering? Sign up by volunteering in Tamil communities-based research projects and get your community hours, for more information contact: info@tamilcivicaction.com

நீங்கள் தன்னார்வத் தொண்டு சேவை மூலம் சமுதாயக் கட்டமைப்பில் பங்களிக்க ஆர்வமுள்ள மாணவரா? தமிழ் சமூகம் சார்ந்த ஆராய்ச்சித் திட்டங்களில் பதிவு செய்து தொண்டு செய்வதன் மூலம் உங்கள் சமூக நேரங்களைப் பெற முடியும். தகவலுக்கு: info@tamilcivicaction.com

For general inquiries please contact: தொடர்பு

[Nageswary Srikumaraguru](#), Community Partnership Developer, ISCS, YRDSB

Mayuri Gnanendran, Program Coordinator, Tamil Canadian Centre for Civic Action
info@tamilcivicaction.com

TAMIL CANADIAN CENTRE FOR CIVIC ACTION &
TAMIL INSTITUTE FOR LEADERSHIP EXCELLENCE PRESENTS

EELAM HISTORY DISCUSSION SERIES: *INTRODUCTION TO OUR HISTORIES*

Eelam History Discussion Series - Introduction to our Histories

About this Event

January 6, 2020 - Eelam Tamil Political Thoughts (1948-present)

January 13, 2020 - Nation Building: Untold Stories (1991-2009)

January 20, 2020 - Tamil Genocide: Education and Advocacy

January 27, 2020 - Dimensions of Eelam Tamil Identity

Please register at:

<https://www.eventbrite.ca/e/eelam-history-discussion-series-introduction-to-our-histories-tickets-128911891939>

K.A.L.V.I.
Know. Achieve. Learn. Venture. Inspire
XXXXXXXXXXXXXXXXXXXX

TAMIL CANADIAN CENTRE FOR CIVIC ACTION PRESENTS

VIRTUAL STUDENT SUPPORT

Join our weekly zoom sessions with educators and community leaders to learn new things and have fun!
Registration Free!
XXXXXXXXXXXXXXXXXXXX

Offered to Students in Grades 7&8 and High School Students:
Every Wednesday at 5pm-6pm
Registration Link:
<https://virtualstudentsupport.eventbrite.ca>

United Way Greater Toronto | TAMIL CIVIC ACTION | Funded by Government of Canada | Canada

[Click Here](#) for
more Information



The Newmarket African Caribbean Canadian Association (NACCA) in partnership with The Town of Newmarket is hosting a virtual showcase of youth artworks during Black History Month 2021 – February 1 – 28, 2021.

The virtual show will feature artworks from youth who identify as Black or of African descent in grades 1 – 12, and may include painting, photography, sculpture, and other media. Deadline for submission is January 11, 2021 at 6:00p.m.

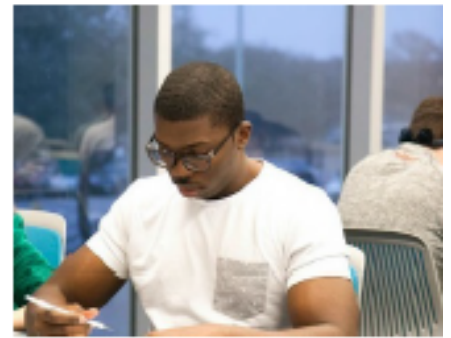
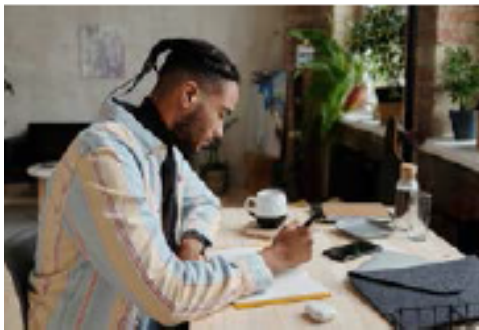
Prizes of \$200 each will be awarded to three students based on originality, creativity and relevance of the artwork to the theme: “Standing on Strong Shoulders”.

For more information, visit: <https://www.naccacommunity.ca/nacca-youth.html>

COLLEGE INFORMATION WEEK



The YRDSB Graduation Coaches for Black Students, in partnership with various colleges, are hosting two College Information Nights for Black Students.



Two Nights of Information

Tuesday, January 19, 2021

Humber College and George Brown

Thursday, January 21, 2021

Seneca College, Sheridan and Centennial

[Registration](#)

Seneca



Sheridan | Get Creative

**CENTENNIAL
COLLEGE**

POSITION: **Research Assistant - Student**

START DATE: **February 2nd, 2021**

END DATE: **May 14th, 2021**
(excluding March Break)

HOURS OF WORK: **9 hrs/week**

SALARY: **\$1890**



Helen Carswell STEAM Program for Black & Indigenous Youth

Research Project Overview

The K2I Research Assistant will work on a research project related to Engineering, Computer Science, Earth Science, and/or Atmospheric Science with a Lassonde School of Engineering Faculty Advisor. The research assistant will work in collaborative teams to develop a research project with guidance through their Lassonde K2I Research Assistant Mentors for the duration of the work experience.

Under the mentorship of the K2I Research Assistant Mentor, Lassonde Faculty Advisor and supervisor, the student will work on a project that will investigate concepts relating to the UN Sustainable Development Goals and making social impact. Students will learn about the engineering design process, computational thinking, and investigate the application of science and mathematics in solving real-world problems.

Key Responsibilities

- Literature reading and research concepts as it relates to the project
- Investigate the UN Sustainable Development Goals
- Create a project plan and set timelines for deliverables
- Investigate key concepts and build skills that will enable the delivery of project outcomes
- Design, construct, create, measure and analyze
- Connect with Lassonde experts and networks to build an understanding of STEM careers and current research areas.

"What I wasn't expecting to learn was how to gain confidence in speaking and how to work more efficiently with a team of strangers."

- Vivian H.

The Research Experience

Students will have the opportunity to develop an engineering, computer science, earth science and/or atmospheric science research. During this experience, students will work in collaborative teams of 4 with assigned Lassonde Mentors to guide the research experience.

Collaborative teams will work closely with the faculty advisor and K2I staff to develop their projects, set timelines and outcomes, and meet deliverable deadlines throughout the experience.

Students will create a final communication of the research project and prepare a presentation to showcase their work to the Lassonde community.

Qualifications

- Legally able to work in Canada
- Must be a current student in grade 10 who self-identifies as Black or Indigenous
- Must be attending a high school in the YRDSB
- Students must complete required training by Lassonde staff
- Students must complete permission form in order to participate in the program



Skills

- Willingness to share skills, knowledge, and expertise
- Demonstrate a positive attitude
- Be open-minded and willing to learn
- Ability to work on PC or Mac computers
- Must have some knowledge in using Microsoft Word, Excel and Powerpoint
- Good written and verbal communication skills
- An ability to take direction and work within a virtual team setting - Organizational skills

Work hours

All K2I Research Assistants will be required to work with their project teams each week:

Every Wednesday evening from 5 pm – 8 pm

Every Saturday from 9 am – 3 pm

This work can be done remotely, and meetings may be done online.

Training and Support

The K2I Research Assistant student will be mentored and supervised directly by the faculty member and K2I Academy staff. The student and faculty member/K2I Staff will meet weekly.

Support will be provided for all research projects through the Lassonde K2I Research Assistant Mentor.

Requirements

Students are expected to:

- Attend all work hours on-time and be prepared for work.
- Participate and contribute to their assigned research projects and engage in workshops.
- Be respectful of the collaborative environment we will build together online.
- Connect virtually for the complete experience with video and voice capability for all sessions. (The experience will use Zoom for all sessions which will be recorded.)
- All students must submit consent forms in order to participate in this experience.

*****Students must be equipped with a computer and wifi**

"I was extremely excited to have gained so much knowledge about STEAM, and built strong relationships with my mentors and group members. I'm excited to take this information and share it with my classmates next year!" - Zaynah F.

SUPERVISING FACULTY MEMBER:

Dr. Jeffrey Harris
Lassonde School of Engineering

Lassonde Project Faculty Advisor

STAFF COORDINATOR:

Lisa Cole, Director of Programming
K2I Academy

We encourage interested candidates to submit their online application here: [HCSPBI Application Form](#)

For any questions, please email Sonia Szubelak at:
k2i@lassonde.yorku.ca



The Alliance of Educators For Black Students Community Announcements

December 18, 2020

Inside This Issue:

True Champs Presents: The Champion Mindset Speaker Series	1
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Across Boundaries: An Ethnoracial Mental Health Centre	2

True Champs Presents: The Champion Mindset Speaker Series



This program is offered to teachers that wish to host motivational guest speakers in their classroom via Zoom virtual presentations. This program is available to grade 4-8 teachers. Speakers from the True Champs team include a wide array of experienced and inspiring individuals that look to motivate students to live each day with a “Champion Mindset” and pursue their passions to create a greater impact. Please click on the image for more information or email info@truechampscollective.ca for cost and all other booking info.

NACCA Food Security Initiative

The Newmarket African Caribbean Canadian Association's Food Security initiative is funded by the Canadian Red Cross Society and is aimed at assisting with the needs of the ABC community as a result of COVID-19. We deliver fresh produce (thanks to the support of the York Region Food Network) and grocery gift cards to families in Newmarket, Aurora and East Gwillimbury. African, Black and Caribbean residents in need are encouraged to apply for a free food basket and grocery gift card [here](#). We are not currently accepting donations of food items. Please visit the [website](#) for more information.

Upcoming Black Foundation of Community Networks Events



**Black Foundation of
Community Networks
(BFCN)**

**Scholarship
Application
Workshop**

A FREE online workshop to show Black students and their families how to search, prepare, and apply for scholarships and bursaries. If you are in high school or Grade 8, this workshop is especially for YOU!

**Friday, January 22, 2021
7 PM - 9 PM | ONLINE (Zoom)**

To participate, download Zoom and register via Eventbrite at bit.ly/BFCNWorkshopJanuary22

For more information or to share accessibility needs, contact Cheryl at info@bfcn.ca or 416-566-2731.

Learn more about our work and how to support at bfcn.ca.

Scholarship Application Workshop

BFCN invites Black students and their families to another edition of the BFCN Scholarship Application Workshop on Friday, January 22nd from 7 PM - 9 PM. Please register [here](#).

Queen's University Medical Program - Black Grade 12 Students

At Queen's the QuARMS program has five (5) spaces for Black high school students in Grade 12, to have an accelerated path to medical school. Please forward this email to your networks, to encourage young people to apply. Information about the program can be found [here](#). The applications are due on February 01, 2021. Students wishing to get more

Across Boundaries: An Ethnoracial Mental Health Centre

Across Boundaries is a mental health centre that provides a range of support and services to racialized people in the Greater Toronto Area who are experiencing mental health and/or addiction challenges. We have a holistic approach to mental health care and operate within an anti-racism, anti-oppression and resisting anti-Black racism framework. Across Boundaries acknowledges the impact of racism and anti-black racism on mental health. We believe in the empowerment of individuals in their healing journeys and in taking control of their health. Across Boundaries provides therapeutic programs including case management, counselling, psychotherapy, along with initiatives that integrate skills building, social and recreational activities, support groups, complementary therapies, art therapy, creative expressions, community kitchen, individual support, family engagement and community outreach. Services are tailored to suit the service user's needs and location. Click [here](#) for more information.



From: [YRDSB Communications](#)
To: [YRDSB Communications](#)
Subject: BFCN - Kwanzaa & Cultural Celebrations - December 18 & BFCN - Scholarship Application Workshop - January 22
Date: Tuesday, December 8, 2020 4:43:07 PM
Importance: High

From: BFCN

Subject: YRDSB - BFCN - Kwanzaa & Cultural Celebrations - December 18 & BFCN - Scholarship Application Workshop - January 22

I hope you are well. I am hoping you will be able to share both opportunities with your Black students and their families.

Join BFCN for an end-of-year celebration to learn about Kwanzaa and the importance of cultural traditions on Friday, December 18 from 7:00 p.m. - 9:00 p.m.

Celebrate the start of the holiday break with an evening to remember, hosted by the phenomenal storyteller Sandra Whiting. We are also excited to welcome Kofi Morris of Holistic Foundations who will teach us about the history of Kwanzaa and practicing traditions, Yolanda Marshall who will do a book reading, and Negus Medhin of Holistic Vibrancy who will share some African drumming. There will also be games and prizes to be won!

Please share with your friends and family and encourage them to save the date. The online workshop is free but there is limited space available so please register via Eventbrite ASAP:

bit.ly/BFCNWorkshopDecember18

Also, Black students and their families are invited to join us for another online edition of the BFCN Scholarship Application Workshop on Friday, January 22, 2021 from 7 PM - 9 PM.

The workshop is offered free of charge as the goal is to share our collective knowledge so that Black students and their families can make informed decisions about post-secondary education. Note that the Scholarship Program Coordinator will also be present to answer any questions.

Please share with your friends and family and encourage them to save the date. The online workshop is free but there is limited space available so please register via Eventbrite ASAP:

bit.ly/BFCNWorkshopJanuary22

Registration via Eventbrite is mandatory in order to participate for both workshops. A Zoom link and further details will be sent to all those who register. For more information or to share accessibility needs, please contact us at info@bfcn.ca or 416-566-2731.

Please see attachments.

Kind regards,

Cheryl

Cheryl Yarde

BFCN President

[416-566-2731](tel:416-566-2731)

info@bfcn.ca

www.bfcn.ca

[Facebook](#): BFCN - Black Foundation of Community Networks

[Twitter](#): @BFCN2011

[Instagram](#): @BFCN2011



PLEASE COMPLETE BEFORE ENTERING THE SCHOOL

1. Does your child have any of the following **new or worsening** symptoms?*

FEVER AND/OR CHILLS
(temperature of 37.8°C or greater)

NEW OR WORSENING COUGH

SHORTNESS OF BREATH

DECREASE OR LOSS OF SMELL OR TASTE

IF "YES":

- Your child should stay home to isolate
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

2. Does your child have any of the following **new or worsening** symptoms?*

SORE THROAT OR DIFFICULTY SWALLOWING

RUNNY NOSE, OR NASAL CONGESTION
(unrelated to seasonal allergies or returning inside from the cold)

HEADACHE

NAUSEA/VOMITING AND/OR DIARRHEA,

FATIGUE, LETHARGY, MUSCLE ACHES AND/OR MALAISE

IF "YES" TO 1 SYMPTOM:

- Your child should stay home for 24 hours from when the symptom started
- Your child may return to school/child care if symptom is improving and they feel well enough (no test is needed)
- If the symptom persists or worsens, contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

IF "YES" TO 2 OR MORE SYMPTOMS:

- Your child should stay home to isolate
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

3. Has your child travelled outside of Canada in the past 14 days?

Yes No

4. Has your child been identified as a close contact of someone with COVID-19?

Yes No

5. Has your child been instructed to stay home and self-isolate?

Yes No

IF YOU ANSWERED "YES" TO QUESTION 3, 4 OR 5:

Your child must stay home and self-isolate for 14 days from the date of their last travel or the dates of last contact with a case. Follow the advice of York Region Public Health.

*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child's normal symptoms.



Dual Credit College – Quick Reference Guide



Who is eligible?

- Students in grades 11 or 12, who have a flexible timetable, ie:
Have an afternoon spare, are enrolled in Co-Op or PAE

What do we look for?

Students with the potential to succeed falling into one or more criteria:

Pathways:

- is unsure of his or her pathway beyond secondary school
- is in need of career clarification
- sees little connection between secondary school and his or her preferred future

Motivation:

- was making progress earlier, but progress has slowed
- is demonstrating a decline in achievement or marks over time
- lacks confidence in his or her ability to succeed

Disengaged:

- displays a lack of involvement or engagement in school or community activities
- has had numerous absences
- has previously dropped out or is at risk of dropping out
- is out of school but is reluctant to return to secondary school for non-academic reasons

Credit Count:

- has fewer credits than average for his or her grade and is therefore not on track to graduate on time
- is older than other students in his or her grade

Benefits?

- Earn 1 high school and 1 college credit simultaneously
- Have a wide variety of course choices appealing to a range of interests
- Learn independence, get a real post-secondary experience on a college campus and help with the transition from secondary to post-secondary education
- Tie in coursework (theory) to the Co-Op placement (practical) experience
- Free tuition, textbooks (if applicable) and transportation

How does a student apply?

- Apply online via www.yrdsb.ca/dualcredits and follow through with guidance counselor for timetable adjustment

More Info?

- Speak with a guidance counselor for a listing of courses available or speak with Steph Parent steph.parent@yrdsb.ca or David Lovisa david.lovisa@yrdsb.ca or Leo Scire leo.scire@yrdsb.ca for a classroom/school presentation

Dear parents/guardians,

As part of a partnership between YRDSB and Renewed Computer Technology (RCT), families with children enrolled in our Board have the opportunity to purchase quality-refurbished computers at a reduced cost.

Applicants must live in Ontario, have a student enrolled at the school and either receive government assistance payments or qualify as a limited income earner under the limited income cut-off standards*.

Below is a limited income grid for your reference.

Family size	Annual income*
2 people	\$30,286
3 people	\$37,234
4 people	\$45,206
5 people	\$51,272
6 people	\$57,286
7 people +	\$64,381

This year, there are two purchasing options, however, laptops will not be available at this time. There are two different desktop computers available for \$60 and \$200, including software, a two-year hardware and labour depot warranty, and delivery to your home. Please see the attached flyer for a full list of device specifications. Parents and legal guardians may apply for one computer per student, with a limit of two per household.

If you are interested in applying, please complete an online application at www.rcto.ca/outreach using the group code on the attached program flyer. The application period will remain open for the entire school year and orders will be fulfilled on an ongoing basis.

Please note - There are sections in the RCT Online Application that are no longer applicable:

- Requirement of Proof or Documentation of Income
- Requirement to participate in training prior to receiving your computer/laptop

The Section on Course of Study can pertain to elementary or secondary.

If you do not have access to a computer or the Internet, please contact the administration team at your school for assistance.

For inquiries related to the RCT application process, devices and delivery, please contact Mitch Doorey (mdoorey@rcto.ca) and for inquiries related to support from YRDSB, please contact Yvonne Kelly (yvonne.kelly@yrdsb.ca)

For more information, including complete application and payment instructions, please refer to the attached program flyer and checklist.

Sincerely,

Lisa Wargo
Principal

This email and any files transmitted with it are confidential and intended solely for the use of the individual or entity to whom they are addressed. This content is not to be copied or forwarded without the consent of the creator. If you received this email in error please notify the sender immediately.

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If you no longer wish to receive any emails from Pierre Elliott Trudeau High School, please contact the school directly to have your email address deleted from your child's Student Information Record.